



# Big Changes in Seventh Grade

Think of all the ways you have changed this year.  
Make a list of the things you have accomplished and  
the ways you have learned and grown.

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_
4. \_\_\_\_\_
5. \_\_\_\_\_
6. \_\_\_\_\_
7. \_\_\_\_\_
8. \_\_\_\_\_

