

# After School Program Permission Slip ~ Session III

**Dates:** starts the week of April 21 (7 week session)

**Time:** 3:30 pm – 5:00 pm

**Registration:** The below permission slip is the registration form and must be returned to **Ms. Pandolfo** by the **DUE DATE**. Because the number of participants is limited, selection will be based on a lottery system. Students will be placed automatically on a waiting list if not selected or if permission slips are received after the due date. Students on the waiting list may be admitted later if participants fail to attend or fail to comply with after school program rules.

**Due Date:** **Wednesday – April 9**

**Activity Fee:** **FREE!!** (see back for descriptions of activities)

**Policies:**

- Please review the rules posted on the web.
- Students **MUST** be picked up at 5:00
- Two Rivers administration reserves the right to remove students from the program at their discretion.

**Contact:** If you have any questions, please contact Ms. Pandolfo

**Phone:** (860) 290-5320 x 3105

**Email:** tpandolfo@crec.org

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Please select (you **may** choose more than one activity):

<p><b>Monday</b></p> <p><input type="checkbox"/> Biking</p> <p><input type="checkbox"/> Filling Empty Bowls II</p> <p><input type="checkbox"/> Gardening</p> <p><input type="checkbox"/> Nothing but Nails</p>	<p><b>Tuesday</b></p> <p><input type="checkbox"/> Creating Art Outdoors</p> <p><input type="checkbox"/> Power Walking</p> <p><input type="checkbox"/> Community Service</p> <p><b>Wednesday</b></p> <p>**Bowling (requires separate permission slip)</p>	<p><b>Thursday</b></p> <p><input type="checkbox"/> Chemistry Lab &amp; Animal Dissection</p> <p><input type="checkbox"/> Outside Fun</p> <p><input type="checkbox"/> Video Games</p> <p><b>Friday</b></p> <p><input type="checkbox"/> Walking</p>
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**Student Name:** \_\_\_\_\_

**Student Signature:** \_\_\_\_\_

**City/Town:** \_\_\_\_\_

**Grade:** \_\_\_\_\_

**HR #:** \_\_\_\_\_

I, \_\_\_\_\_ give my permission for my son/daughter to participate in the after  
**Parent/Guardian Name**

school program at Two Rivers Magnet Middle School. I/we fully understand that participating in the after school program may be hazardous and poses a risk of injury, including but not limited to sprains, strains, contusions, abrasions, broken bones and in extreme cases paralysis or death. Due to the potential hazards associated with the activities, I/we recognize the importance of following the instructions of coaches, trainers, and supervising personnel regarding playing techniques, training and other rules associated with the activity.

I authorize Two Rivers Magnet Middle School, through its employees and agents, to arrange for emergency medical, dental, and hospital care for the above student during the course of the program.

I acknowledge that I have read and understand the guidelines for participation. I have reviewed the information with my child and I give my permission for participation in the above signed activity.

\_\_\_\_\_  
**Parent/Guardian Signature**

\_\_\_\_/\_\_\_\_/\_\_\_\_  
**Date**

\_\_\_\_\_  
**Emergency Phone Number**

\_\_\_\_\_  
**Parent/Guardian Email**

Monday	Tuesday	Thursday
<p align="center"><b>Biking</b> (Mr. Anderson)</p> <p>Come bike the trails, bike paths and roads around school. Bike helmet and a bike in good working order are required!</p>	<p align="center"><b>Creating Art Outdoors</b> (Ms. Valle-Patraw)</p> <p>Students will learn different techniques using markers, paint, colored pencils in the artwork. No experience required. Be prepared to be outdoors and bring an extra shirt/tshirt to class.</p>	<p align="center"><b>Chemistry Lab &amp; Animal Dissection</b> (Ms. Hazen)</p> <p>Students participate in Chemistry Labs and also they have the opportunity to dissect squid, fish, frogs, cow eyes and cow hearts. Central CT State University professor and students will help run two of the 7 labs. This is through a grant from the UConn Health Center.</p>
<p align="center"><b>Filling Empty Bowls</b> (Ms. Valle-Patraw)</p> <p>Students will learn how to make delicious items that are easy to prepare. Safety while in the kitchen as well as how to use utensils properly will be discussed.</p>	<p align="center"><b>Power Walking</b> (Ms. Taylor)</p> <p>Come power walk outside! We will be walking a fast pace. Come join us for some great exercise and fun!</p>	<p align="center"><b>Outside Fun</b> (Ms. Farrell)</p> <p>Come play outside! We will play various outside games.</p>
<p align="center"><b>Gardening</b> (Ms. Nickerson)</p> <p>Let's build a garden! Learn how to plant and take care of flower plants and vegetables at school and at home. Explore the 2Rivers landscape learning about how to beautify any area.</p>	<p align="center"><b>Community Service</b> (Ms. Michaud)</p> <p>We will help with fundraisers at school, organize different themed fund raisers such as breast cancer month etc. We will take pictures of events for school yearbook.</p>	<p align="center"><b>Video Games</b> (Mr. Anderson)</p> <p>Want to show off your gaming skills? Think you have what it takes to upstage another Two River student? How fast is your hand-eye coordination? Once a week, 2 or 3 Game Cube systems, rated "E – Everyone" games, 4-simultaneous players per system &amp; tons of fun.</p>
<p align="center"><b>Nothing but Nails</b> (Ms. Stepnowski)</p> <p>Would you like to show off your hands in hot pink or maybe a shiny turquoise? Join us on Mondays for a weekly manicure. Clean, shape, and paint up your nails in a trendy shade, and enjoy some down time with friends. Bring your own nail file, emery board, and a nail polish or two to share.</p>		
	Wednesday	Friday
	<p align="center"><b>\$\$ Bowling</b> (Ms. Kogelis)</p> <p>Hall of Fame Silver Lanes - Come bowl!! This program is for all ability levels. Students will be coached by a certified bowling instructor. <b>Activity fee</b> includes the cost of 3 games, shoe rentals and sanctioning fee for 7 weeks.</p>	<p align="center"><b>Walking</b> (Ms. Gavin)</p> <p>Come walk outside! All walkers welcome!!</p>