

Spring 2010

# THE PAW PRINT

This Month :)

Spring time is here!

Spring Break

April 2 - 7

## Little Words

Nancy Barkemeyer, principal

Once upon a time someone spread the lie that words didn't really matter. Name-calling and such were of no consequence. Words were just words. There was even a little poem that kids were supposed to repeat to themselves. It was something about stick and stones breaking bones, but words never hurting. Huh? Kids, once upon a time, knew that wasn't true. And they still know it.

Words **do** matter, even little ones. Even words spoken by someone you've never seen before in your life matter. Here's how I know: A few weeks ago I went into a crowded cafe looking for a hot cup of coffee and a few minutes away from the freezing, blowing wind. I had heard the music from the street but didn't know until I entered and looked around that this was a favorite hang out for military guys. Some were old; some, not so old. Some were playing guitars; some were just listening. Most were wearing something army green or navy blue and the sense of camaraderie was undeniable. But from the looks I got, most folks didn't realize I was one of them.

They didn't know my son is a soldier. They didn't know that some days I am OK with it and some days, not. Some days I can watch the news. Then there are the other days. I let the cashier in on my secret while I checked my pockets for some change. "My son is in Iraq," I offered and we talked a minute or so. The ex-marine introduced me to some other folks who were behind the counter, and then came the all-important little word. "Well, ma'am, **WHEN** he comes back, bring him in to meet us. We'd be honored."

The word was "when", not "if". This guy understood the importance of words. Words, even little ones, matter. "When" is a little word with a lot hanging on it.

"Those" is another little word that packs a powerful punch. Say it to yourself and notice the tone in your voice. You might even try pointing your finger when you say "those people". "Those people" implies a division. It says "us" and "them". **We** are not like **them**. "Those people" over there should stay in their place-- and stay over there away from us.

"Those people" in the past may have included a racial slur. But today "those people" could refer to almost any group that doesn't meet someone's gold standard. "Those people" could be elderly, of a particular national origin, a specific religion, or even have a medical condition. Notice the accepted practice of using the word "retarded" today. "Retarded" is an outdated medical term used as an insult. It's hateful talk and it's a way of throwing stones at, or bashing, someone.

But, then again, that's what stones do. They bash, and so do words, even little ones.

# STUDENT REPORTS

I interviewed several people (grade level combined of course) I asked questions about spring and I also asked questions that were well... random.

I asked what are your plans for spring break? Maranda Mangum's reply was to go swimming, and Cody Fox said he was just going to go his brother's house.

Everyone but Mr. Chandless and Makinzy Smith said they liked pretty flowers. Everyone said they liked to walk barefoot in warm weather.

An interesting question was, "How many times have you used the hall pass in the back of your agenda?" I got many different answers, some people have used their hall pass under 10 times, while others had used it up to 100 times! Darian Perez amazed me by saying he has never used his hall pass. A very random question I asked was what is your favorite weird facial expression... All I can say is wow there are some weird faces out there!

## RELAY DODGEBALL TOURNAMENT

The Relay for Life team would like to thank everyone that attended and participated in our dodgeball tournament. The champions were the Wexicans and the runner-ups were the Mt. Ulla Mafia. Last years championship team, the Misfits, split to form these two teams. Mrs. Epps, Mrs. Collins and Mrs. kluttz judged the Demonic Angels as the most spirited and fashionable. Everyone had a great time and the event raised \$3000 for the American Cancer Society. See you in 2011.

## TOP HIT SONGS SO FAR IN 2010

A very popular song so far this year is "Baby" by Justin Bieber. Justin Bieber is ridiculously popular this year, with "Baby" standing in #22 this years top 100.

Another popular song this year has been "Live Like We're Dying" by Kris Allen, which placed #23. Another by Jason Aldean has worked it's way up to number #49. This song is "Big Green Tractor." And last but not least , Miranda Lambert's "White Liar" has placed #42. There are many great songs, but who knows what will be some of the next most popular hits?



**2010 Baseball Team**

- Michael Ball
- Juan Bautista
- Omar Bautista
- Hunter Bernhardt
- Nick Collins
- Juan Garcia
- Wade Laing
- Tyler Poteat
- Wood Poteat
- Michael Pinkston
- Margarito Romero
- Zack Russell
- Jeremy Simpson
- Noah Teeter

**2010 Girls Soccer Team**

- Berkley Alessandrini
- Kelly Boley
- Abby Christie
- Mariah Coleman
- Katie Crider
- Nicole Eades
- Anna Edwards
- Chloe McNeely
- Madison Muire
- Mariah Pampuch
- Rebecca Parker
- Brittany Pavelko
- Brianna Rodriguez
- Joana Samano
- April Soliz
- Sydney Sides

**2010 Boys Soccer Team**

- Oscar Aguilar
- Arturo Carillo
- Abraham Carillo
- Malik Crudup
- Dylan Freeman
- Chase Greene
- Richard Kyles
- Steven Landaverde
- Chase Loudin
- Jordan Mauney
- Jimmy Perez
- Andrew Raynes
- Zack Sheppard
- Colton Sherrill
- Ryan Troutman
- Justin Walther

**Boys Tennis Schedule 2010**

- Mar. 23 vs NR @ Away
- Mar. 31 vs Erwin @ Away
- Apr. 13 vs CL @ Home
- Apr. 20 vs SE @ Away
- Apr. 22 vs Knox @ Home
- Apr. 27 vs CG @ Home
- Apr. 29 vs NR @ Home
- May 3 vs Erwin @ Home
- May 6 vs CL @ Away
- \* May 11 vs Mooresville @ Home
- May 20 vs SE @ Home
- May 24 vs Knox @ Away
- May 27 vs CG @ Away
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- \*All games start at 4:30 except  
May 11 which starts at 4:00

**Track Schedule 2010**

- |         |                 |             |
|---------|-----------------|-------------|
| Apr. 12 | Knox/SE/ NRMS   | North High  |
| Apr. 15 | CL/ Knox/ Erwin | East High   |
| Apr. 19 | CG/ Knox        | China Grove |
| Apr. 22 | Erwin/Knox      | East High   |
| Apr. 26 | Erwin/CL/ CG    | China Grove |
| Apr. 29 | North/ Knox     | North High  |

May 3-7, 10, or 11 (TBA) Conference Meets

Girl's Conference Meet: North Rowan

Boy's Conference Meet: Southeast

All meets begin at 4:30

**Overview of 7th grade Boys Basketball**

The boys had an awesome season, finishing up undefeated at 12-0. They were the number one seed going into the Conference Tournament and had a bye in the first round. They went on in the tournament to defeat China Grove by 31 points in the second round of the conference tournament. They dominated North Rowan in the Championship Game and won 37 - 18. They were led by Celexus Long, Marquez McCain and Alexis Archie in the final game. This win capped off a perfect 14-0 season.

**Baseball Schedule 2010**

- March 29 vs North Rowan @ home
- March 31 vs Erwin @ home
- April 20 South East @ home
- April 22 vs Knox @ away
- April 27 vs China Grove @ away
- April 29 vs North Rowan @ away
- May 3 vs Erwin @ away
- May 6 vs Corriher-Lipe @ home
- May 12 vs Corriher-Lipe @ away
- May 20 vs Southeast 2 away
- May 24 vs Knox @ home
- May 27 vs China Grove @ home

**Overview of 7th grade Girls Basketball**

Girls 7th grade basketball has had a tough season. Unlike the boys, they have only had a couple wins. One of their wins was 10-8 against North Rowan on Thursday, February 4. This was their first game and win of the season. The top scorer from this game was Hunter Gibbons with 8 points. The team won by 10 points at another game against North Rowan again with a score of 27-17. The top scorer from this game was again Hunter Gibbons with 17 points.

## Poetry Month By Jessie Gada

April is Poetry Month. To celebrate, the Rowan Public Library is hosting an event where you can create your own magnetic poetry set. The South Branch event will be on Tuesday, April 27 from 5:30-7:00, the East Branch will hold it on Monday, April 19, from 5:30-7:00, and the Salisbury Branch will hold it on Monday, April 26 from 5:30-7:00.

## Teens Against Tobacco

We are busy getting the word out about the dangers of tobacco use. On March 8th, our club had over 25 TAT participate in a demonstration during the girl's basketball game that promoted staying away from cigarettes, dip, and other tobacco products. We had a booth set up and also did a halftime demonstration. On March 23, TAT participated in the Wheel of TRU Game show at the Salisbury Mall. They competed against other school teams to showcase their knowledge of information about tobacco, its dangers, etc. Stay tuned for the next newsletter to hear how they did in the competition.

Thanks again to NC Health and Wellness Trust Fund for supporting our program! Special thanks to Natalie Grey who is such a great support for our club!!!

## **Battle of the Books**

WRMS takes 3rd in an epic battle

On Thursday, March 11 our Battle of the Books team placed 3rd in the county-wide competition. They were competing against all seven middle schools in the district. They all met at Rowan Cabarrus Community College to compete. We were the only school to have a round where we got every question right! Their core team was Kandice Quarles, Victoria Patterson, and Claudia Patterson. In the end, they were one point away from placing 2nd. The results were: Southeast 1st, Corriher Lipe 2nd, and WRMS 3rd. The library won \$500 for resources.

### Battle of the Books Team Members

Chelsea Hatfield 8th grade  
Michael Macarang 8th grade  
Jessica Graham 7th grade  
Claudia Patterson 6th grade  
Victoria Patterson 6th grade  
Savannah Morgan 7th grade  
Kandice Quarles 6th grade  
Mackenzie Martlock 6th grade  
Corbin Benton 6th grade

## **CARBS: THE REAL DEAL**

Carbohydrates are an important part of your youngster's diet- as long as she eats the right kinds and the right amounts.

Consider these facts.

- Carbs are sugars and starches found in grains, fruits, vegetables, dairy products, and legumes. Your child needs at least 250 grams per day for balanced diet.
- Complex carbohydrates (or “good carbs”) will give your teen energy for several hours and should make up the majority of her daily carbs. Encourage her to eat brown rice, dark green vegetables, and whole grain bread, pasta, and cereal.
- Simple carbohydrates are mostly sugar and are found in sweets such as juice and cookies. They'll give your child a quick burst of energy, followed by a “crash”. There also high in calories, so she should limit them to her diet.

*With permission from Resources for Educators- Teen Health and Fitness*

# Spring Word Search

**Directions:** Find and circle each of the words listed below the puzzle.

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      X I S M           C Q M D
      Q R R R A A       U J J S S Q
      V J V H I M R     R M U X P X O
      H J B S H S V C T Z B J R V S
      E F O B B A H I H Z S F I N K
      M D Y H U S N J O D E N S   L U C K
      C D Y M   V X F X Y O Q F F T G   I F C S X
      Q F B W S V   A S U D X F L D D   D L F S X U L
      F T L X Y U Q   S S L J U B E   I O D Q G B P Q
      F T H R B H U B   Q P V I U   P Q M L I L W N G
      Y O X L T L O I T   E P H   L R R L E T B Y Q
      Y U A U P D B R Z T P W F L U Z E F S S S I
      S I N C V S H E V T X G R E E N C J G X
      T S V K Y M S L N G P A G T P W H V D E C I Z S N J K
      G B T E Y P A K A J L Q L A E E D A Q R Z U Q B T W K
      E U O D   U C M R I N F U U H X S Y X U
      J M H B L E P Q H I C V D A O T L K F V M N Y
      N Q F J C M D V A   A B H O M   S P R G S H K C X
      R D J P L R V S   T R R E R A P   E I H U M M Q W
      F P U I U T A   H P R E M U R Q U   H L N V X H V
      B R E E Z Y   I N A O I E S I Q D C   Y N Q S Q L
      E W G P   I H N O M B C X N U L L O   Y I B J
      B A P B J R N K E X O O S
      J R J E X O P O J S C R V B C
      F F W L A G W Q C S D S E V G
      G V K V Q T Y   V K C A R G R
      K Y E X Q           B P K Y A
  
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**Word Bank:**

Irish	green
March	St. Patrick's Day
Clover	lucky charms
rainbow	gold
spring	leprechaun
sunny	shamrock
breezy	joyful
aquamarine	March of Dimes
Ireland	luck

**Mission Statement:**

Our goal is to keep parents, teachers and students informed of all the important and exciting things going on at West Rowan Middle School.

In compliance with federal law, the Rowan-Salisbury School System administers all educational programs, employment activities and admissions without discrimination because of race, religion, national or ethnic origin, color, age, military service, disability, or gender, except where exemption is appropriate and allowed by law.

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